



TAPICON 2025

VELLORE

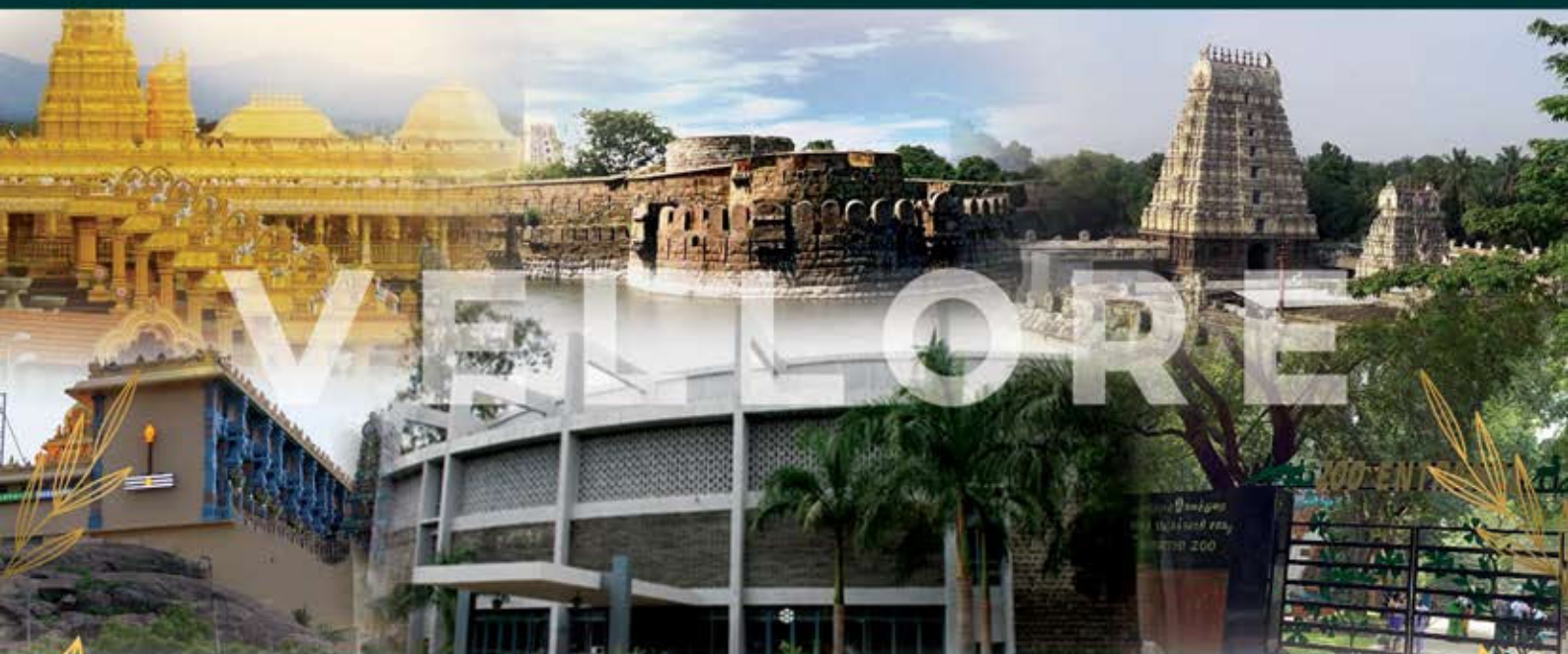
FROM INSIGHT TO IMPACT - ELEVATING PATIENT CARE

21ST ANNUAL CONFERENCE OF TAMILNADU
STATE ASSOCIATION OF
PHYSICIANS OF INDIA

HOSTED BY

ASSOCIATION OF PHYSICIANS OF INDIA

VELLORE BRANCH



CONFERENCE ON
20TH, 21ST & 22ND
JUNE 2025

VENUE
Scudder Auditorium,
Christian Medical College Vellore
Bagayam Campus, Vellore, Tamil Nadu, India.

TAPICON 2025, VELLORE

FROM INSIGHT TO IMPACT - ELEVATING PATIENT CARE

Dear Doctors, Scholars, Students, Friends and Colleagues

We are thrilled to welcome you to **TAPICON 2025, Vellore** a landmark event of the Fort City dedicated to advancing healthcare by transforming knowledge into meaningful action. under the theme **"From Insight to Impact – Elevating Patient Care,"** designed to inspire, educate, and unite the healthcare community in its pursuit of excellence.

What Awaits You at TAPICON 2025?

1. Transforming Ideas into Lifesaving Actions

Uncover the art of translating theoretical knowledge into impactful real-world practices. Acquire the essential knowledge to turn innovation into practical solutions that enhance patient care. Transform insights into action, driving clinical excellence in everyday practice.

2. The Voices That Shape Tomorrow's Medicine

Experience thought-provoking discussions led by trailblazers and pioneers. Dive into transformative research and case studies that redefine possibilities. Be part of the dialogue shaping the future of healthcare.

3. Lessons from the Pinnacle of Expertise

Join renowned speakers as they share their journey to clinical mastery. Discover patient-centered care strategies that drive exceptional outcomes. Leave with insights to inspire change and enhance your practice.

4. Hands-On Learning: Impact-Driven Workshops

Participate in interactive workshops designed to offer actionable solutions for improving patient care. These sessions will empower you to apply new knowledge directly to your practice.

5. Awards & Recognition

Honor the outstanding individuals and teams whose dedication, innovation, and leadership have advanced healthcare. Join us as we acknowledge their impact and inspire future excellence in the medical field.

**More Than Just an Event – A Platform to learn
Elevating Patient Care**

"Let Us Join Hands For The Health And Welfare Of The People".

TN API STATE OFFICE BEARERS

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Dr. M Gunasekaran

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Dr. VN Alagavenkatesan

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Core Committee

Official Agenda

Pre-Conference – Thursday, 19th June 2025

TAPICON GOLD MEDAL EXAMINATION

08:00 AM – 04:00 PM

Govt. Vellore Medical College, Vellore

Day 1 – Friday, 20th June 2025

Registration 7.30 AM to 8.00 AM

WORKSHOPS SESSIONS

08:00 AM – 01:00 PM

Davidson Hall, Harrison Hall, Hutchinson Hall, POCUS Hall

SCIENTIFIC SESSIONS – DAY 1

Hall A – Scudder Auditorium

09:00 AM – 07:05 PM

Hall B – Davidson Hall

02:00 PM – 07:00 PM

Day 2 – Saturday, 21st June 2025

SCIENTIFIC SESSIONS – DAY 2

Hall A – Scudder Auditorium

08:30 AM – 06:50 PM

Hall B – Davidson Hall

09:00 AM – 06:30 PM

EC Member meeting 3 to 5 PM (Pocus Hall)

General Body Meeting 5 to 6 PM (Pocus Hall)

Inauguration from 7 PM

Day 3 – Sunday, 22nd June 2025

SCIENTIFIC SESSIONS – DAY 3

Hall A – GRT Hall

08:30 AM – 12:50 PM

Hall B – GRT Hall

08:30 AM – 01:00 PM

After 1 PM Valedictory And Concluding

PRECONFERENCE WORKSHOP

Friday 20.06.25 - 08.00 AM to 01.00 PM - DAVIDSON HALL

20-06-2025	08 AM - 11 AM	Dr M Chenniappan	Navigating Narrow QRS Tachycardia / Wade Through Wide QRS Tachycardia	DAVIDSON HALL Examination Hall, Ground Floor
20-06-2025	11 AM - 01 PM	Dr V Palaniappan / Dr S Senthilkumaran	Bites that Matters :Clinical Insights into snake Envenomation	

Friday 20.06.25 - 08.00 AM to 01.00 PM - HARRISON HALL

20-06-2025	08 AM - 10 AM	Dr R Rajasekar	Management of Acid -Base Imbalance and Electrolyte Disturbances -Pellucid Approach	HARRISON HALL Examination Hall, First Floor
20-06-2025	10 AM - 11 AM	Dr Aditya Binu	Ambulatory BP Monitoring	
20-06-2025	11 AM - 01 PM	Dr Vijay Vishwanathan	Diabetic Foot	

Friday 20.06.25 - 08.00 AM to 01.00 PM - HUTCHINSON HALL

20-06-2025	09 AM - 10 AM	Dr Aswin Oliver	Spirometry and PFT	HUTCHINSON HALL Examination Hall, First Floor
20-06-2025	10 AM - 11 AM	Dr Felix Jebasingh	Continuous Glucose Monitoring	
20-06-2025	12 PM - 01 PM	Dr SS Lakshmanan Dr K Shanmugam	Solving Problems - Case Based discussion	

Friday 20.06.25 - 08.00 AM to 01.00 PM - POCUS HALL

20-06-2025	08 AM - 01 PM	Dr. Jonathan Arul Jeevan Jayakaran / Dr. Nalini Sarah Newbigging / Dr. Bennett Phillip A	POCUS at the bedside - RUSH Protocol	POCUS HALL 2nd Floor
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POST GRADUATE'S ARENA

19.06.2025	Tapicon 2025 Gold Medals For Clinical Excellence Govt Vellore Medical College, Vellore
20.06.2025 & 21.06.2025	ORAL FREE PAPER PRESENTATION HALL – C – Harrison Hall 1 st floor, (Near Scudder Memorial Auditorium) Christian Medical College, Bagayam campus, Vellore
20.06.2025 & 21.06.2025	E-POSTER PRESENTATION Hall –C – Hutchinson Hall 1 st Floor, (Near Scudder Auditorium) Christian Medical College, Bagayam campus, Vellore
20.06.2025 & 21.06.2025	Quiz Preliminary Round (20.06.2025) Quiz Final Round (21.06.2025)



Message from the Organizing Secretary



Dr. K. Sathish Kumar

Organising Secretary, TAPICON 2025
Chairperson, API Vellore District Branch

Dear Delegates,

It is with immense joy and gratitude that I welcome you to TAPICON 2025.

For API Vellore District Branch, hosting this prestigious event is both an honour and a meaningful opportunity to serve our medical fraternity. This conference brings together physicians and postgraduate students in a shared pursuit of learning and growth.

The sessions have been thoughtfully designed to combine evidence-based knowledge with clinical wisdom, delivered by leading experts. For our young delegates, we hope this experience inspires you—just as today's mentors were once students like you.

Organising a conference of this scale—with nearly 1,000 delegates and multiple venues—is a challenge. If a few lapses occur, we ask for your kind understanding and focus on the spirit behind our efforts.

This event is a testament to teamwork. My sincere thanks to the organising committee, Maestro Events, Saranya Studios, and the many behind-the-scenes contributors whose efforts made this possible.

A special note of gratitude to Dr. Samuel Hansdak (CMC) and Dr. Sathi (Govt. Vellore Medical College) for their constant support.

Wishing you three enriching days of learning and connection.

Message from the Organizing Chairman



Dr. S Sukumar MD.,
(Organizing Chairman)

Dear Esteemed Faculty, Delegates, and Postgraduates

It is with great pride and anticipation that I welcome you all to **TAPICON 2025**, a landmark event in the academic calendar of the Tamil Nadu Association of Physicians of India.

This upcoming conference reflects our shared pursuit of excellence in internal medicine and our collective commitment to advancing patient care through education, innovation, and collaboration. TAPICON 2025 will serve as a vibrant platform for clinical exchange, skill enhancement, and research exposure.

To our esteemed faculty, thank you for guiding this journey with your expertise. To the delegates, your continued engagement shapes the spirit of this event. And to the postgraduates, may this be a defining moment in your academic path.

Let us make TAPICON 2025 a celebration of knowledge, a forum for meaningful dialogue, and a catalyst for transformative growth in medicine.

Looking forward to your active participation in making this conference truly memorable.

Message from the Scientific Chairman



Dr. N Vetrivel MD.,
(Scientific committee Chairman)

Dear Scholars, Esteemed Physicians, and Future Torchbearers of Medicine

It is my distinct honor to welcome you to the scientific proceedings of **TAPICON 2025**, a conference that stands at the intersection of medical knowledge, academic excellence, and professional growth.

In designing the scientific agenda, our focus has been on curating sessions that are relevant, rigorous, and thought-provoking—bringing you the very latest in clinical advancements, evidence-based practice, and research innovation. From keynote lectures and expert panels to paper presentations and clinical case discussions, every element is crafted to stimulate inquiry and spark collaboration.

To our esteemed faculty, thank you for your commitment to mentorship and excellence. To our delegates, we value your continuous engagement. And to our postgraduates, we encourage you to seize this platform to learn, question, and contribute.

Let **TAPICON 2025** be a crucible of ideas and a launchpad for future breakthroughs in internal medicine.

DAY 1 SCUDDER AUDITORIUM

TIMING 9.00 AM to 7.05 PM

HALL - A

SESSION 1: -Fever

9.00 AM TO 9.15 AM	PUO – Simplified To reveal the unrevealed	Dr.G.Elangovan – Cuddalore
9.15 AM TO 9.30 AM	Expanded Dengue Syndrome – The spectrum	Dr.Virgin Joena – Madurai
9.30 AM TO 9.45 AM	Common Errors in fever management in General Medicine	Dr.S.Balamurugan – Vellore
9.45 AM TO 10.00 AM	A simple approach To Acute febrile illness.	Dr.K.Vengadakrishnan – Chennai
Chairpersons	Dr.V.G.Arun (Salem), Dr.G.Manigandan(Walajah), Dr. Soumya (Vellore)	

SESSION 2: -Gastroenterology

10.00 AM TO 10.20 AM	Reflections on Reflux	Dr.N. Arun – Chennai
10.20 AM TO 10.40 AM	Get unstuck—an approach to constipation	Dr.Vadivel Kumaran – Chennai
10.40 AM TO 11.00 AM	Role of Interventional endoscopy in GE –An overview	Dr.Rabindranath – Vellore
Chairpersons	Dr.Pown Kumar Eruvi (Vellore) Dr. S.Appandaraj (Melmaruvathur) & Dr.L.Ragupathi (Krishnagiri)	

SESSION 3: -Cardiology

11.00 AM TO 11.20 AM	Pathophysiology & Clinical evaluation of acute heart failure	Dr.Rajavel Murugan – Thoothukudi
11.20 AM TO 11.40 AM	Therapeutic approaches in acute heart failure	Dr.Vignesh Sukumar – Gudiyatham
11.40 PM TO 12.00 PM	Current concepts in management of dyslipidemia with special reference to PCSK9 Inhibitor (Inclisiran)	Dr.Vinoth Kumar – Chennai
Chairpersons	Dr.Jacob Jose (Vellore), Dr.Imran Niazi (Vellore), Dr.T.Adalarasu (Gudiyatham)	

SESSION 4: -Diabetology

12.00 PM TO 12.20 PM	Ticking Time Bomb – Prediabetes	Dr. Go. Bharani-Vellore
12.20 PM TO 12.40 PM	Post Partum Care in GDM / PI	Dr.Chandrasekar V – Warangal
12.40 PM TO 1.00 PM	Diabetes Reversal / Remission – Myths or Reality ?	Dr.Balamurugan – Coimbatore
Chairpersons	Dr.Nainar Vetrivel (Vellore), Dr.R.Elanchezhian (Chengalpattu), Dr.Pakiamary Jerome (Dindugai)	

DAY 1 SCUDDER AUDITORIUM

TIMING 9.00 AM to 7.05 PM

HALL - A

SESSION 5: - Mixed Basket

2.00 PM TO 2.20 PM	Role of poison centres in improving poisoning care - The CMC PCC Experience	Dr.Krupa George - Vellore
2.20 PM TO 2.40 PM	Approach to endocrine Hypertension	Dr.T.Geetha - Coimbatore
2.40 PM TO 3.00 PM	Practical tips to use Artificial intelligence in Medicine	Dr.Arun VG - Salem
Chairpersons	Dr.L.Muthumani (Trichy), Dr.Gowri Shankar (Walajah) & Dr. A.P.Nandhakumar (Erode)	

SESSION 6: - Clinical Pearls

3.00 PM TO 3.20 PM	Judicious Management of Hypertension in Pregnancy	Dr.Saravanan Thangavelu - Coimbatore
3.20 PM TO 3.40 PM	Clinical medicine A forgotten art!	Dr.G.Manigandan - Vellore
3.40 PM TO 4.05 PM	Dr. M S. ASHRAF Guest Lecture - Life Style Modification Measures in Cardio-Metabolic Health	Dr.Prince Shreekumar Pius - Kanyakumari
Chairpersons	Dr.MS.Ashraf (Trichy), Dr. A.Deiva (Vellore), Dr.GO Bharani (Vellore)	

SESSION 7: - Hot Topics

4.05 PM TO 4.25 PM	Structural competence - Applying Science to Patient care	Dr.Ramya - Vellore
4.25 PM TO 4.45 PM	Life style medicine - A New era in healthcare	Dr.Samuel George Handsak - Vellore
4.45 PM TO 5.05 PM	ADA 2025- What is new?	Dr.B.K.Singh - Bihar
Chairpersons	Dr.S.Sethuraman (Trichy), Dr.Philomina (Vellore) & Dr.Lavanya (Tiruvannamalai)	

DAY 1 SCUDDER AUDITORIUM

TIMING 9.00 AM to 7.05 PM

HALL - A

SESSION 8: - Case study with Panel discussion

5.05 PM TO 6.05 PM	A case of Obesity, OSA, T2DM, HTN, CAD & CKD	Moderator : Dr.K.Sathishkumar - Vellore
Pannelist	Dr.K.Dhananjayan (Chennai) (Obesity), Dr. AP. Nandhakumar (Erode)(OSA) , Dr. M.Venkatesh (Theni)(T2DM) Dr.Marimuthu (Chennai) (HTN), Dr.Nandhini Magesh - (Vellore) (CAD), Dr.K.Venkataramanan - (Vellore) (CKD)	

SESSION 9: - Hot Topics

6.05 PM TO 6.25 PM	PLEX : A Lifeline in Rodenticide poisoning - A Clinical Perspective	Dr.M.Anitha - Vellore
6.25 PM TO 6.45 PM	Pregnancy with Cardio Vascular Disease (CVD)	Dr.Soumya - Vellore
6.45 PM TO 7.05 PM	Entrapment Neuropathy - An Approach	Dr.K.Lavanya - Thiruvannamalai
Chairpersons	Dr.Lavanya (Tirunelveli) , Dr.Jayasudha (Chennai), Dr.Ramya (Vellore)	

DAY 1 DAVIDSON HALL

TIMING 2.00 PM to 7.00 PM
HALL - B

SESSION 1: - Check-in and Boarding - Flight TNAPI2025 - Mixed Passengers

2.00 PM TO 2.20 PM	E-Vaping associated lung injury: Past Present and Future prospects	Dr.Krishna Prabhakar - Warangal
2.20 PM TO 2.40 PM	Therapeutic uses of Magnesium in clinical practice	Dr.Balakrishnan - Pattukottai
2.40 PM TO 3.00 PM	Chase the Annoying ! Managing Chronic Cough	Dr.K.Lavanya - Tirunelveli
Chairpersons	Dr.Kanian Poongundran (Devakottai) Dr.R.Aravazhi (Theni), Dr.R.Balajinathan (Madurai)	

SESSION 2: -Taxing and take-off - Rheumatology

3.00 PM TO 3.20 PM	Approach to Polyarthralgia	Dr.L.Muthumani - Trichy
3.20 PM TO 3.40 PM	Autoimmunity mystery in medicine	Dr.K.Sivakumar - Coimbatore
3.40 PM TO 4.00 PM	Approach to Vasculitis	Dr.Raja - Vellore
Chairpersons	Dr.Kumaresan (Tiruvannamalai), Dr.S.Gopalakrishnan (Thiruvallur), Dr.N.Subramanian (Tirunelveli)	

SESSION 3: - Cruising - Oration

4.00 PM TO 4.30 PM	DR. VISWANATHAN ORATION - Earlier recognition of Hyponatremia in clinical practice	Dr.P.Paranthaman - Chennai
4.30 PM TO 5.00 PM	Prof. M.S. AMARESAN ORATION- MASLD- The Great Masquerader	Dr.A.S.Senthilvelu - Erode
Chairpersons	Dr.Sukumar, (Gudiyatham) Dr.Balamurugan (Coimbatore), Dr. S.Balamurugan (Vellore)	

DAY 1 DAVIDSON HALL

TIMING 2.00 PM to 7.00 PM
HALL - B

SESSION 4: - Landing- MIXED BAG

5.00 PM TO 5.20 PM	Game changing Clinical Trials in Diabetology	Dr.Sreenivasamurthy - Bangalore
5.20 PM TO 5.40 PM	Strategies to improve Quality in Acute Care medicine	Dr.Ronald Carey - Vellore
5.40 PM TO 6.00 PM	Cardiac biomarkers in clinical practice for physicians	Dr.Bala Vignesh - Vellore
Chairpersons	Dr.Soumya (Vellore), Dr.N Vetrivel (Vellore) Dr.Aishwarya (Chennai)	

SESSION 5: - Check out - NEUROLOGY

6.00 PM TO 6.20 PM	Deep Brain Stimulation – Current Indications and Future Perspectives	Dr.Aravind G - Vellore
6.20 PM TO 6.40 PM	Recent concepts of Therapy of Parkinsonism	Dr.Muthu - Vellore
6.40 PM TO 7.00 PM	G.B Syndrome-The recent out break	Dr.Appandaraj - Chengalpattu
Chairpersons	Dr.G.Elangovan (Cuddalore), Dr.Gunasekaran (Trichy), Dr.Palanivelrajan (Pudukottai)	

DAY 2 SCUDDER AUDITORIUM

TIMING 8.30 AM to 6.50 PM

HALL - A

SESSION 1: - Fertile Land - Haematology

8.30 AM TO 8.50 AM	Therapeutic plasma exchange in clinical practice	Dr.AS.Mohan - Tirunelveli
8.50 AM TO 9.10 AM	Management of High risk bleeding	Dr.Raja - Chennai
9.10 AM TO 9.30 AM	Thrombocytopenia demystified- An update on approach.	Dr.Prabhu - Chennai
Chairpersons	Dr.R.Gunasekaran (Trichy) , Dr.R.Rajendran (Karur) & Dr.A.Rajasekar(Erode)	

SESSION 2: - SOWING & WATERING - Presidential Oration

9.30 AM TO 10.00 AM	PRESIDENTIAL ORATION - "Vertigo Demystified: A clinical approach for Physicians"	Dr.N.Balamurugan - Salem
10.00 AM TO 10.20 AM	Secrets of Living to 100 With T2DM in Rural India-My 3 Decades Experience to Evidence	Dr.V.Palaniappen - Guziliamparai
Chairpersons	Dr.D.Selvaraj (Tuticorin), Dr.M.Gunasekaran (Pattukottai), Dr.Narasimhan (Sholinger)	

SESSION 3: - Budding & Maturing - Guest Lecture & Oration

10.20 AM TO 10.40 AM	Management of CKD by a Physician	Dr.R.Gopinath - Madurai
10.40 AM TO 11.10 AM	Prof. SK RAJAN ORATION - Gut Microbiome - A Forgotten Organ	Dr.Nainar Vetrivel - Vellore
Chairpersons	Dr.S.Sukumar (Vellore) , Dr.R.Elanchezhian (Chengalpattu), Dr.Palanivelrajan (Pattukottai)	

SESSION 4: - Branching & Flowering - Guest Lecture & Oration

11.10 AM TO 11.40 AM	Prof. Dr. S. ARULRAJ GUEST LECTURE - A New Invention in Diabetes Arena - Tirzepatide	Dr.M.Shanmugavelu - Trichy
11.40 PM TO 12.10 PM	Prof. A. MURUGANATHAN ORATION - Hypertension & Stroke	Dr.Jyotirmoy Pal- Kolkatta
Chairpersons	Dr.R.Krishna Chetty (Salem), Dr.V.Palaniappan (Guziliyamaparai), Dr.S.Suresh Kanna (Salem)	

DAY 2 SCUDDER AUDITORIUM

TIMING 8.30 AM to 6.50 PM

HALL - A

SESSION 5: - Yielding - Mixed Crops

12.10 PM TO 12.30 PM	Cardio diabetes medicine- Genesis growth and future.	Dr.Arulrhaj - Tuticorin
12.30 PM TO 12.50 PM	To know more about Lipids- An open talk with expert	Dr.S.N.Narasingan - Chennai
12.50 PM TO 1.10 PM	Pulmonary embolism- An Enigma	Dr.S.Chandrasekar - Chennai
Chairpersons	Dr.J.Sangumani (Madurai), Dr.Balakrishnan (Tiruvallur), Dr.AS.Mohan (Tirunelveli)	

SESSION 6: - Harvesting & Packing - Cardiometabolism

2.00 PM TO 2.30 PM	DR. GURUSWAMY MUDALIAR ORATION - "Hypoglycaemia In DM"	Dr.Kamalesh Tiwary - Kolkotta
2.30 PM TO 2.50 PM	Heart Failure Clinics : The way forward in implementing guidelines	Dr.Abraham Ommen - Chennai
2.50 PM TO 3.10 PM	"Reduce the speed" recent concepts in the drug therapy of Atrial fibrillation	Dr.D.Selvaraj - Tuticorin
Chairpersons	Dr.S.Chandrasekar ,(Chennai), Dr.Bala Vignesh, (Vellore), Dr.R Kaveri Kannan (Kanyakumari)	

SESSION 7: - Tasting & Delighting - Nephrology

3.10 PM TO 3.30 PM	Blood Pressure Variability	Dr.A.Muruganathan - Tiruppur
3.30 PM TO 3.50 PM	Role of nephrologist in ICU	Dr.A.Deiva - Vellore
3.50 PM TO 4.10 PM	Diabetic nephropathy update on Pillars of therapy - slowing progression	Dr.Ezhilnilavan - Vellore
Chairpersons	Dr.Venkataramanan (Vellore), Dr.Anbarasu (Kanchipuram) & Dr.Nandhini Magesh (Vellore)	

DAY 2 SCUDDER AUDITORIUM

TIMING 8.30 AM to 6.50 PM

HALL - A

SESSION 8: - Happy Liing with Mixed Bag of Fruits

4.10 PM TO 4.30 PM	CKM syndrome...Holistic management	Dr.Nandhini Chaterjee - Kolkatta
4.30 PM TO 4.50 PM	Asymptomatic Hyperuricemia - When to Treat	Dr.Udas Chandra Ghosh - Kolkatta
4.50 PM TO 5.10 PM	"Obesity" - The new epidemic	Dr.J.K.Panda - Bhuvaneshwar
Chairpersons	Dr.C.Dharmaraj (Trichy), Dr.K.Dhananjayan (Chennai), Dr.A.Muruganathan (Tiruppur)	

SESSION 9: - Sound Sleep - Pulmonology

5.10 PM TO 5.30 PM	Non resolving Pneumonias	Dr.A.Rajasekaran - Erode
5.30 PM TO 5.50 PM	Pleural effusion simple, safe and fast diagnostic algorithm	Dr.James Prince - Vellore
5.50 PM TO 6.10 PM	Snoring is not just sound- it can be serious	Dr.Sathish K - Vellore
6.10 PM TO 6.30 PM	Presicion Medicine in Asthma Care	Dr.DP.Singh - Bihar
6.30 PM TO 6.50 PM	Organising Pneumonia - current concepts in management	Dr.Raj B Singh - Chennai
Chairpersons	Dr.Prabhakar(Vellore), Dr.Gopi (Sholingar), Dr.G.Manigandan (Walajah)	

DAY 2 DAVIDSON HALL

TIMING 9.00 AM to 6.30 PM

HALL - B

SESSION 1: - Welcome Kit - Mixed Bag

9.00 AM TO 9.20 AM	Vit-D - The Power House for Physicians	Dr.Aishwarya - Chennai
9.20 AM TO 9.40 AM	Prognostic Models in Sepsis	Dr.Vignesh - Vellore
9.40 AM TO 10.00 AM	Clinicians Approach to Anaemia - Case Based Discussion	Dr.Sekhar Chakraborty - Kolkatta
Chairpersons	Dr.Binu MG (Coimbatore), Dr. A.S.Senthilvelu (Erode), Dr.C.A.Mathiselvan (Dindugal)	

SESSION 2: - Cardiometabolism

10.00 AM TO 10.20 AM	Game Changers in Endocrinology	Dr.Rakesh Sahay - Hyderabad
10.20 AM TO 10.40 AM	Diabetes Outside Islets !	Dr.L.Raghupathi - Krishnagiri
10.40 AM TO 11.00 AM	Endogenous GLP-1 in Diabetic Mellitus	Dr.A.Panneerselvam - Chennai
Chairpersons	Dr.Vijay Vishwanathan (Chennai), Dr. S.Priyadharshini (Salem), Dr.K.Balakrishnan (Tanjore)	

SESSION 3: - Infectious Diseases & Sepsis

11.00 AM TO 11.20 AM	Prudent use of antibiotics in Clinical Practice (GDT)	Dr.D Suresh Kumar - Chennai
11.20 AM TO 11.40 AM	Update on Current Sepsis Guidelines	Dr.M.Nataraj - Thiruvallur
11.40 AM TO 12.00 PM	Selection of Antibiotics in ICU	Dr.C Dharmaraj - Trichy
Chairpersons	Dr.Joseph Rajan (Ramnad), Dr.M.Venkatesh (Theni), Dr.Rajendran (Karur)	

SESSION 4: - Pot Pourri

12.00 PM TO 12.20 PM	Managing Newly detected T2DM - practice essentials	Dr.Palanivelrajan - Pattukottai
12.20 PM TO 12.40 PM	Can you handle heat? Menopause	Dr.M.Gunasekaran - Pattukottai
12.40 PM TO 1.00PM	Sarcopenia to understand and manage	Dr.Gopalakrishnan - Tiruvallur
Chairpersons	Dr.P.Vijayanandh (Perambalur), Dr.M.Natarajan (Madurai), Dr.L.Raghupathi (Krishnagiri)	

DAY 2 DAVIDSON HALL

TIMING 9.00 AM to 6.30 PM

HALL - B

SESSION 5: - Special Therapeutics

2.00 PM TO 2.20 PM	Mitochondrial Dysfunction in Diabetes –Special Reference to IMIGLYMIN	Dr.Adhithya KNV - Chennai
2.20 PM TO 2.50 PM	DR. SHIVAKUMAR GUEST LECTURE- Remission of Diabetes- Clinical evidence & strategies	Dr.Puneeth Saxena - Jaipur
2.50 PM TO 3.10 PM	Role of Calcium channel blockers in clinical practice	Dr.Sivakumar M - Trichy
Chairpersons	Dr.Ponmudi (Erode), Dr.Appandaraj (Chengalpattu), Dr.K.Lavanya (Tiruvannamalai)	

SESSION 6: - Clinical Medicine

3.10 PM TO 3.30 PM	Secondary Hypertension	Dr.Suresh Sagard - Bangalore
3.30 PM TO 3.50 PM	Examination of Hand In Rheumatologic Practice	Dr.Saika Dutta - Kolkatta
3.50 PM TO 4.10 PM	Easy ways to tackle Resistant Hypertension	Dr.Jayasudha - Chennai
Chairpersons	Dr.T.Saravanan (Coimbatore), Dr.Alex (Chittoor), Dr.Namasivayam (Trichy)	

SESSION 7: - Mixed Baskets

4.10 PM TO 4.30 PM	Non Alcoholic Fatty Pancreatic Disease	Dr.Manoj Kumar - Vizag
4.30 PM TO 4.50 PM	Metabolic Phenotyping in Obesity	Dr.Ramesh - Delhi
4.50 PM TO 5.10 PM	Fulminant Hepatic Failure	Dr.G.Loganathan - Chennai
Chairpersons	Dr.Dharmarajan C (Trichy), Dr.A.Marimuthu, (Chennai), Dr.Jaisudha Krishnan (Vellore)	

SESSION 8: - Geriatrics

5.10 PM TO 5.30 PM	Drug Management in Elderly	Dr.Gopinath - Vellore
5.30 PM TO 5.50 PM	Comprehensive Geriatric assessment in Practice	Dr.Pranita - Vellore
5.50 PM TO 6.10PM	Healthy Aging- A boon to Elderly	Dr.Bijin Oliver John - Vellore
6.10 PM TO 6.30 PM	An Interesting case of Missed 5	Dr.SS.Lakshmanan - Chennai
Chairpersons	Dr.K.Sivakumar (Coimbatore), Dr.Meenakshisundaram (Tuticorin), Dr. K.Shanmugam (Chennai)	

DAY 3 GRT HALL

TIMING 8.30 AM to 1.00 PM

HALL - A

SESSION 1: - Welcome Lectures

8.30 AM TO 8.50 AM	Fungemia – Approach to Management	Dr.S.Priydarshini - Salem
8.50 AM TO 9.10 AM	Evaluation of Potassium Disorders in ER (Hypo & Hyper Kalemia)	Dr.Packiamary Jerome - Dindugal
9.10 AM TO 9.30 AM	Current Scenario of OHA Therapy in T2 DM	Dr.V.Ravichandran - Kallakurichi
Chairpersons	Dr.K.Sathishkumar (Vellore) Dr.K.S.Thirupathy (Sivagangai), Dr.Anitha.M (Vellore)	

SESSION 2: - Mixed Basket

9.30 AM TO 9.50 AM	Twists and Turns in Clinical Medicine – A Case based approach	Dr.Namashivayam - Trichy
9.50 AM TO 10.10 AM	Bladder issues in Elderly - Medical Management	Dr.Radhika C Radhakrishnan - Trivandrum
10.10 AM TO 10.30 AM	Management of Periarthritis Pain in Clinical practice	Dr.Jaysudha - Vellore
Chairpersons	Dr.J.Shanmugarajan (Virudhunagar), Dr.Palanivelrajan (Pudukottai), Dr.P.J.Christopher (Kanyakumari)	

SESSION 3: - Orations

10.30 AM TO 11.00 AM	Prof. G. ANANTHA SUBRAMANIAN ORATION – Keep Your Bone Healthy – Current Treatment of Osteoporosis	Dr.N.Subramanian - Tirunelveli
11.00 AM TO 11.20 AM	Use of Hyperbaric Oxygen Therapy (HBOT) in Clinical Medicine	Dr.Ajithkumar Sivasankaran - Trivandrum
Chairpersons	Dr.V.Palaniappan, (Guziliamparai) Dr.M.Gunasekaran, (Pattukottai), Dr.N Vetrivel (Vellore)	

DAY 3 GRT HALL

TIMING 8.30 AM to 1.00 PM
HALL - A

SESSION 4: - Diabetesity

11.20 AM TO 11.30 AM	Type - 5 Diabetes - A New Era	Dr.Nihal Thomas - Vellore
11.30 PM TO 11.50 PM	Use of Newer Insulins in DM Diabetes Mellitus in Current Practice	Dr.Nitin Kapoor - Vellore
Chairpersons	Dr.GO.Bharani, (Vellore), Dr.C.Soundararajan (Krishnagiri), Dr.L.Raghupathi (Krishnagiri)	

SESSION 5: - Cardiology

11.50 PM TO 12.10 PM	Recent Hypertension Treatment guidelines & Positioning of Beta blockers in Management	Dr.Asha Mazhilmaran - Chennai
12.10 PM TO 12.30 PM	PCI in Diabetic CAD - How different it is?	Dr.Imaran Niazi - Vellore
12.30 PM TO 12.50 PM	Tachyarrhythmias - A Physicians Prespective	Dr.K.Kannan - Chennai
Chairpersons	Dr.Aravind Yuvaraj (Sholingher) Dr.Bala Vignesh (Vellore) Dr.Vignesh Sukumar (Gudiyatham)	

DAY 3 GRT HALL

TIMING 8.30 AM to 1.00 PM

HALL - B

SESSION 1: - Welcome Lectures

8.30 AM TO 8.50 AM	Management of Acute ischemic stroke in the golden hour	Dr.Kannan - Tuticorin
8.50 AM TO 9.10 AM	Exercise biology -Newer concepts	Dr.Joseph Rajan - Ramnad
9.10 AM TO 9.30 AM	Semaglutide	Dr.Aarathy Kannan - Tuticorin
9.30 AM TO 9.50 AM	Glycaemic Variability in MICU	Dr.R.Elanchezhian - Chengalpattu
Chairpersons	Dr.S.Balamurugan (Vellore), Dr.Soundararajan (Melmaruvathur) Dr.Binu MG (Coimbatore)	

SESSION 2: - Pot Pouuri

9.50 AM TO 10.15 AM	Osteoarthritis and Rheumatoid arthritis - an Approach to investigations	Dr.Radhakrishnan - Chennai
10.15 AM TO 10.30 AM	TB Through the Clinicians Lens	Dr.A R. Balamurugan - Chennai
10.30 AM TO 10.45 AM	An Approach to Pneumoconiosis	Dr.James Alex - Chittoor
10.45 AM TO 11.00 AM	Diuretics in Hypertension	Dr.Binu M G - Coimbatore
Chairpersons	Dr.V.Ravichandran (Kallakurichi), Dr.Palanivelrajan (Aranthangi), Dr.Ponmudi (Erode)	

DAY 3 GRT HALL

TIMING 8.30 AM to 1.00 PM
HALL - B

SESSION 3: - Practice Corner

11.00 AM TO 11.20 AM	Common plant Poisoning	Dr.Meena Kumari - Tirunelveli
11.20 AM TO 11.40 AM	Early Recognition of Maternal sepsis	Dr.Adrin -
11.40 AM TO 12.00 PM	Prudent use of NSAID and OHAS in AKI and CKD	Dr.Venkataramanan - Vellore
Chairpersons	Dr.K.Lavanya (Thiruvannamali) Dr.S.Priyadharshini (Salem) Dr.Ezhilnilavan (Vellore)	

SESSION 4: - Clinical Pearls

12.00 PM TO 12.20 PM	Rabies -Current scenario	Dr.Soundararajan - Melmaruvathur
12.20 PM TO 12.40 PM	From Insight to Impact: Understanding serum creatinine, urine examination and eGFR	Dr.Radha Vijayaraghavan - Chennai
12.40 PM TO 1.00 PM	An Approach to secondary hypertension	Dr.RBS.Manian - Chennai
Chairpersons	Dr.AR.Balamurugan (Chennai) Dr.James Alex (Chittoor) Dr.Meenakumari (Thirunelveli)	

1.00 PM

Valedictory & Concluding

Places you don't want to miss in the

FORT CITY VELLORE!!!



Vellore Fort

Vellore Fort, a 16th-century fortress, is a stunning example of Vijayanagara architecture, featuring a moat, the Jalakanteswarar Temple, and a historic museum. It stands as a symbol of Vellore's rich cultural and historical heritage.

Sri Lakshmi Narayani Golden Temple

The Golden Temple in Vellore, adorned with over 1,500 kilograms of gold, is a magnificent temple dedicated to Goddess Lakshmi. Its grandeur and serene ambiance make it a cherished spiritual and architectural masterpiece.



Palamathi Hills

Palamathi Hills, located near Vellore, offers a serene retreat with scenic views and a tranquil environment. Known for its lush greenery and rich biodiversity, it is a popular spot for nature lovers and trekkers seeking a peaceful escape.

Funders park

Fundera Park, also known as the Birds Park in Vellore, is a delightful sanctuary home to a variety of bird species. Surrounded by lush greenery, it offers visitors a peaceful environment to enjoy nature and observe both local and migratory birds in their natural habitat.



ASI Museum

The Archaeological Survey of India Museum in Vellore showcases a rich collection of artifacts, sculptures, and inscriptions that highlight the region's ancient history and cultural heritage. It offers visitors a glimpse into the architectural and archaeological marvels from various dynasties that once flourished in Tamil Nadu.